

Families in the remote village of Julian who participated in our child malnutrition program – 2019. Picture by Neil Craig on January 12, 2020



Rural Health Care Initiative Impact Report

July 1, 2019 – June 30, 2020

Dear Friends,

You have touched the lives of many families in the rural Tikonko Chiefdom of Sierra Leone this past year. No longer are women dying in childbirth. Children are being treated for malnutrition, malaria and other serious illnesses through your ongoing support.

These miracles are made possible by you, your generosity and the dedication of our Sierra Leone staff. We invite you to grow your impact with us as we continue our partnership with the people of the Tikonko Chiefdom. THANK YOU.

Warm Regards,

Sarah Cassell, Board Chair of RHCI
 Alice Karpeh, RHCI Founder



Sarah Cassell



Alice Karpeh

“Rural Health Care Initiative has done a lot to impact the lives of the Tikonko people and the Chiefdom as a whole.” Joseph Sogbandi, RHCI Gondama Outreach Coordinator

Making A Difference



In the past year, 291 kindhearted donors like you contributed over \$200,000 towards our essential programs in the Tikonko Chiefdom. Your support improves the health and lives of many families.

This year has been challenging due to the COVID-19 Pandemic. We continue to depend on your support to further our lifesaving work in Sierra Leone. To make a donation, go to our website www.rhcimnsl.org or use the enclosed donation envelope.

On behalf of our Sierra Leone staff, the many families they serve, and the RHCI Board, thank you from the bottom of our hearts. You are helping us ensure healthy mothers and children in Sierra Leone.

Mark your Calendar!

Join us virtually for ‘An Evening in Africa’
 Sunday, November 1, 2020 at 5 PM



Furthering our Focus:
*Nourishing
 Moms and Children*

This event will feature African music and dance, videos from Tikonko and compelling stories of how we are furthering our focus, nourishing moms and children.

Help us grow our impact by registering at www.rhcimnsl.org

www.rhcimnsl.org 651.503.1369
 P.O. Box 14822; Minneapolis, MN 55414

The Dedicated RHCI Staff in the Tikonko Chiefdom



Top row L to R: Mohamed Kabba, Outreach Coordinator; Manley Jongopie, In-Country Director; Allieu Jongopie, Technical and Financial Administrator; Mohamed Kolokoh, Driver; Mohamed John, Security; Joseph Sogbandi, Gondama Coordinator; **Front Row L to R:** Mohamed Momoh, Driver; Patrick Vandy, Gardener; Josephine Wilberforce, Senior Midwife; Juliana Sagba, Nurse and Educator; Bobson Kamara, Head Security; Mohamed John, Security. Not pictured: Umu Shour, Nutritionist.

In addition to the 13 full-time staff, RHCI employs and pays stipend to approximately 40 part-time staff.

Rural Health Redevelopment

We are expanding to improve health services to a broader community:

23,000 residents served by partnering with 4 government health clinics



4,040 patient visits at mobile outreach clinics
3,240 child medical visits
800 prenatal visits



2,853 trips transporting pregnant women, sick children, staff, medications, supplies, and food

1,500 consultations for family planning

\$28,000 in medical supplies



Birth Waiting Homes

We are overcoming one of the world's highest maternal mortality rates in Sierra Leone, where one in 17 women in their lifetime will die related to pregnancy, compared to approximately 1 in 3,000 in the US. Since the opening of the Mbaomi Mothers' Home in January 2018:

490 pregnant and postpartum women have received daily medical monitoring, health education and transportation



0 maternal deaths

90 pregnant women who have stayed at neighboring health facilities we support

10 bed Gondama Birth Waiting Home reconstructed and opening Fall 2020



COVID-19 Pandemic Response



Dr. Sombie with Lembema family in January 2020

At the end of August, 1,997 confirmed cases had been reported in Sierra Leone with 69 deaths. Sadly, we lost a valuable partner and friend, Dr. Vandi Sombie, from Bo Children's Hospital, to COVID-19 in May 2020.

At the beginning of the pandemic, health guidelines were implemented with assistance of the RHCI COVID-19 committee and the Ministry of Health and Sanitation in Sierra Leone. Mbaomi Mother's Home closed to new admissions during June due to exposure risks but reopened in July with no cases. The mobile outreach clinics were deemed essential and continued with precautions. No cases have been reported among RHCI staff or beneficiaries in Tikonko Chiefdom, but health precautions remain in place as schools reopen.



"With the intervention of RHCI into the community, maternal deaths have gradually stopped. And even the under age five children deaths have gradually reduced."

Allieu Jongopie, Financial and Technical Administrator

RHCI Board of Directors:

Ajayi Nicol, Sarah Cassell, Neil Craigan, Julie Hoffer, Gary Johnson, Rebecca Johnson, Hassan Kamara, Alice Karpeh, Carol Nelson, David Parker, Maggie Pilacinski, Jonathan Rose, Ibrahim Seisay, Sheku Sheriff, Marie Stodolka

Children's Health Program

Infant and child mortality rates in Sierra Leone are among the highest in the world, 16 times higher than in the US. One in nine children do not live to age 5. Malnutrition and lack of access to health care for acute illnesses are major factors.

59 children were provided with lifesaving therapeutic food in May and June



5 children hospitalized in June for severe acute malnutrition and recovered

24 other children with critical illnesses transported to Hospital in Bo in past year

Hospital fees paid by RHCI



Nutritionist Umu Shour joined our Tikonko staff in May 2020 to expand our services for child malnutrition and health care for children in remote villages

Food Security and Agriculture

Food insecurity promotes malnutrition and poor health conditions.

45 collective farmers received hands-on education and support for improved farming practices through partnership with Njala University Agriculture staff.



3 meals daily for women and staff at the Birth Waiting Home, including produce from our garden and orchard



3 grinders used to promote efficiency for small shareholder farmers



Summary of Financial Report

for the financial Year Ended June 30th, 2020

Support

| | | |
|----------------------------|------------------|-----|
| Individual Donations | \$108,615 | 51% |
| Grants and Foundations | \$48,215 | 23% |
| Corporate | \$30,252 | 14% |
| Organizations and churches | \$12,250 | 6% |
| In Kind Donations | \$11,750 | 6% |
| Total Support | \$211,392 | |

Expenses

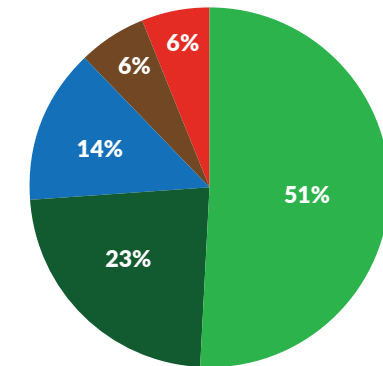
| | | |
|------------------------|------------------|-----|
| Program Services | \$145,708 | 86% |
| Fundraising | \$16,649 | 10% |
| Management and General | \$7,334 | 4% |
| Total Expenses | \$169,691 | |

| | | |
|--------------------------------|------------------|--------------|
| Change in Net Assets | \$41,701 | 18% increase |
| Net Assets, Beginning of Year | \$185,752 | |
| Net Assets, End of Year | \$227,452 | |

Where your giving goes

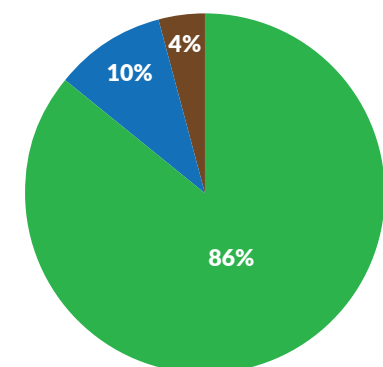
Tikonko Chiefdom in rural Sierra Leone major program expenses:

1. Medical supplies and medications
2. Food for the Birth Waiting Homes and therapeutic food for malnourished children
3. Salaries and Stipends for Sierra Leone staff
4. Vehicle expenses and transportation



Support For RHCI

- Individual Donations
- Grants and Foundations
- Corporate
- Organizations and Churches
- In Kind Donations



Expenses

- Program Services
- Fundraising
- Management and General